

# **AN IMPORTANT MESSAGE TO LOCAL 195, IFPTE MEMBERS**

## **TAKE ACTION TO STOP THE STATE FROM INCREASING YOUR HEALTH CARE CONTRIBUTIONS**

The State of New Jersey is proposing a drastic increase in your healthcare contributions. This increase would create a hardship for all public workers who are in the State Health Benefits Plan and who are already struggling under crushing inflation.

### **Take Action Now:**

**833-479-1993**

### **CALL GOV. MURPHY**

Call on your break or at lunch – not after hours – because there’s no voicemail option. You’ll be connected with the Governor’s Office.

Tell them:

*My name is \_\_\_\_\_ and I work for (Department). I am calling to ask the Governor to stop any increase to my health care contributions. Thank you.*

(If you don’t get through initially, keep calling back until someone answers!)